

Care Management Plan

Philippines



OVERVIEW

Company Mission

Our company mission is to make it the norm for young men and women from developed countries to live and work as volunteers in a developing country; they should work on projects which have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire.

Care Programme Mission

Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development.

Background Information

Children make up 31% of the Philippines' population, 45% of which are from urban areas. Most of these children grow up in poverty and are deprived of basic healthcare and education. Rapid growth and urbanisation means that almost half of the country's population now lives in towns and cities, making the Philippines one of the most urbanised countries in Southeast Asia.

National statistics indicate that only 78 out of 100 Grade 1 entrants have kindergarten experience. Among six year olds, which is the official entry age to Grade 1, approximately 15% are not in school and 25% are still in preschool. Research shows that children who do not start school at the correct age are more likely to have learning difficulties, to repeat or drop out. Most dropouts occur in Grades 1 and 2 which could indicate lack of school readiness that is best ensured by attending quality early childhood care and development centres.¹

Partners

Projects Abroad Philippines is registered as non-governmental organisation (NGO) through the Securities and Exchange Commission of the Philippine Government.

Our partners are government and non-governmental care institutions in Talisay City and Bogo City.

Our partners include the following organisations:

- Persons with Disability Affairs Offices in Cebu
- City Social Welfare Development Office of Bogo and Talisa
- Talisay City Day Care Centres

¹ <http://www.unicef.ph/>

- Talisay City Central and High School
- Local orphanages.

We partner with reputable and growing institutions that support our Care programme and recognise the role of volunteers in development.

GOALS

In order to work towards our Care programme mission, we have set the following goals to achieve in the placements where we send volunteers:

1. Improve literacy

Despite an increase in literacy rates in recent years, some groups such as poor people in urban slums, remote rural areas and indigenous populations have limited opportunities to gain access to quality education. Improving access will pave the way to a more functional and educated population.

2. Promote early childhood development

Early childhood is the period from birth to eight years of age. It is critical to a child's cognitive, social, emotional and physical development.² Early education and preschool programmes enhance children's language and maths test scores, behavioural skills and long-term educational attainments.³

Systematic measurement of early childhood development has multiple benefits. We aim to assess each child in fields of physical, social, emotional and cognitive development. Slow development can hinder a child's chance in primary school and lead to problems in later years. Volunteers also look for early signs of child abuse or neglect, learning difficulties or disabilities. We will be able to address these needs and provide essential resources to support children and their families.

3. Improve hygiene levels of the children

People in rural regions have relatively low access to improved sanitation and thus children are more vulnerable to sanitation-related diseases such as diarrhoea. We educate and run activities to promote proper hygiene with the aim of improving overall health. Our centres also provide access to free healthcare for students.

4. Increase emotional support and care to children

25% of children enter preschool without proper social and emotional skills and for low income children as many as 35% do not have the necessary skills. Our centres increase emotional support and care to children to improve cognitive development. At our centres, volunteers encourage mental, physical and social exercises. Early exposure to stimulating games and activities strengthens a child's memory, learning ability, physical health, social skills and emotional coping techniques.

² [http://www.unicef.org/lac/Inequities_in_Early_Childhood_Development_LoRes_PDF_EN_02082012\(1\).pdf](http://www.unicef.org/lac/Inequities_in_Early_Childhood_Development_LoRes_PDF_EN_02082012(1).pdf)

³ http://siteresources.worldbank.org/EDUCATION/Resources/278200-1099079877269/547664-1099079922573/ECD_LAC.pdf

5. Improve the quality of life for those living with disabilities

Access to specialised disability care remains sparse. Most people with disabilities in the Philippines are marginalised and rely on charity for support. By introducing and providing people with disabilities with creative activities, worthwhile treatment and vocational/ technical education trainings, we hope they foster a sense of self worth and dignity.

RESOURCES

- a. 50 (average) Care volunteers per year
- b. One x Projects Abroad Project Coordinator
- c. Myprojectsabroad resources (www.projects-abroad.co.uk/resources)
- d. Volunteer-led workshops
- e. Financial capacity for community work, volunteer support, etc.
- f. Support and partnership

LOCATION OF PLACEMENTS

We work in Bogu City and Talisay City.



MONITORING & EVALUATION

- a. Regular feedback from partners including weekly volunteer/staff/placement meetings
- b. Onsite visits by staff
- c. Annual report form partners
- d. Feedback from Projects Abroad staff
- e. Volunteer workshops/ discussion sessions – attendance, feedback and significant outcomes to be tracked each week by staff
- f. Volunteer Debriefing forms and End of Placement Feedback forms
- g. Children's feedback in line with United Nations Convention on the Rights of the Child – Article 12 regarding a child's right to participation
- h. Biannual Placement Evaluation Feedback

Projects Abroad				
Care Programme - Philippines				
		INDICATORS	MONITORING (MEANS OF VERIFICATION)	ASSUMPTIONS
Company Mission: (the change we want to see in greater society)				
Our company mission is to make it the norm for young men and women from developed countries to live and work as volunteers in a developing country; they should work on projects which have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire				
Care Programme Mission: (the change we want to see for the target group)				
Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development		2014 is the implementation and mind-set changing year. Head Office-led status reviews will take place every 3 months. We expect to have the foundations of the new Care programme in place by the end of 2014	1. Onsite visits 2. Placement staff feedback 3. Projects Abroad staff feedback 4. Volunteer feedback (DQs & EOPF) 5. Children feedback 6. Test results	1. Number of volunteers does not drop considerably 2. Number of volunteers with a good grasp of English does not drop considerably 3. Political and civil stability in the countries we work 4. No natural disasters that could affect our work
Goal 1: (what we want to achieve)				
INCREASE LITERACY				
	Actions: (the tasks that need to take place to achieve the goal)			
1.1	Each volunteer to hold 1 Reading Club (after school reading) classes per week at their placement	Volunteers will teach at the children/pupils in the care centres and orphanage to enhance reading skills	After session monitoring report	
1.2	For a minimum of 1 hour per week research and document new learning and teaching aids	Volunteers to share skills on the area of research and feedback	Placement and volunteer feedback	
1.3	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis		Placement and volunteer feedback	

1.4	Produce 4 new learning aids each year	Volunteers to share skills on the area of research and new learning aids	Placement and volunteer feedback	
1.5	Record on a monthly basis the activities and resources that are successful with the child		Placement staff and volunteers to monitor	
1.6	One-on-one lessons		Placement, volunteer and children's feedback including test	
1.7	Work with teachers to improve classroom rules and methods of discipline		After session monitoring report, photos and feedback	
1.8	Create visual learning aids on the placement walls and make sure these are updated every month		Placement staff and volunteers to monitor	
1.9	Create a lead volunteer system where the experienced volunteer advises and mentors the new volunteers			
Goal 2:				
PROMOTE EARLY CHILDHOOD DEVELOPMENT				
	Actions:			
2.1	For a minimum of 1 hour per week research and document new learning and teaching aids to focus on the 4 key areas of ECD			
2.2	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis, including profile of child, learning ability, test results, etc.			
2.3	Run 2 workshops per year for volunteers on early childhood development, especially attachment theory			
2.4	Create quarterly activity timetables to focus on 4 key areas of ECD			
2.5	i. Physical - morning exercise, sport and dancing		Visit to placement, feedback volunteer, take photos	Volunteers know basic physical exercises
2.6	ii. Social - introduce team games and group activities		Visit to placement, feedback volunteer, take photos	Volunteers know activities to develop social skills
2.7	iii. Emotional - meditation and counselling		Visit to placement, feedback volunteer, take photos	Volunteers know how to develop skills in emotional control
2.8	iv. Learning - classroom activities		Visit to placement, feedback volunteer, take photos	Volunteers know how to promote learning
2.9	Volunteers to have weekly meetings with the placement supervisor/s to assess the placement needs for the following week	Volunteers working in orphanages will hold weekly meetings	Photographic record of activities, visits to the centre, volunteer feedback	Volunteers have material for this activity
2.10	Create team games where all the children are included	Volunteers working in orphanages carry out creative activities to stimulate motor development, cognitive, social and recreation to children	Visits to the institution, photographic record, feedback from volunteers and children	Volunteers create educational games; volunteers have the materials to create these games and can motivate the children to play

2.11	Create visual learning aids on the placement walls and make sure these are updated quarterly			
2.12	Provide 2 workshops every year for the parents addressing the issue of behaviour in the home			
2.13	Engage children in regular games and creative activities to improve their attention span and help develop their motor skills			
2.14	Introduce 2 placement open days where parents, volunteers and caregivers can come and see what children have created and discuss best practice. Rotate on a yearly basis			
2.15	Create a lead volunteer system where the experienced volunteer advises and mentors the new volunteers			
Goal 3:				
IMPROVE HYGIENE LEVELS OF THE CHILDREN				
	Actions:			
3.1	Give 4 of lessons per quarter to children about brushing their teeth and basic hygiene		Staff and volunteers to monitor	
3.2	Each day allocate a time to check placement is clean and safe (no harmful object or hazards)		Staff and volunteers to monitor	
3.3	Create and carry out a daily cleaning roster for each placement		Staff and volunteers to monitor	
3.4	Create games to make cleanliness fun			
3.5	Do basic hygiene checks 1 time per day		Staff and volunteers to monitor	
Goal 4:				
INCREASE EMOTIONAL SUPPORT AND CARE TO CHILDREN				
	Actions:			
4.1	Establish a weekly chores roster for each placement including cleaning, feeding, bathing and nap time			
4.2	Increase awareness of signs of child abuse and child safe practices	Projects Abroad will do workshops on child safety protocols for care volunteers every 3 months	Photographic register of the workshops and volunteer feedback. Checking assistance assessment workshop for volunteers	Volunteers that participate in workshops about child personal safety will be able to give children safety
4.3	Ensure all volunteers receive a copy of our Child Protection Policy			
4.4	Run 4 workshops per year for volunteers so that they can incorporate the techniques in the classroom			
4.5	Ensure activities are aimed at involving everyone to improve team participation		Photographic register of the workshops, volunteer feedback, checking assistance assessment workshop for volunteers	

4.6	Ensure no child is left by themselves for a substantial length of time by doing headcounts when each new activity starts and ensuring children have activities to engage in during break times			
Goal 5:				
IMPROVE THE QUALITY OF LIFE FOR THOSE LIVING WITH DISABILITIES				
	Actions:			
5.1	Carry out vocational/ technical education and training			Disability centres are interested in introducing vocational rehabilitation training programmes
5.2	Create a behavioural chart for all children in order to identify and monitor the times when they are most challenging	Volunteers working in nurseries fill a chart updated behaviour of children they work with	Placement visits, review children behaviour plans, assessment meetings with volunteers	Volunteers handle concepts and related tools frames behaviour, volunteers update behaviour charts
5.3	Introduce creative activities to help develop motor skills	Volunteers working in disability centres carry out a creative activity to stimulate motor development in children	Photo record, visits to activities centre, volunteer feedback	Volunteers know concepts and motor exercises and have material to work out mobility exercises
5.4	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis, including profile of child, learning ability, preferences, dislikes, etc.		Placement and volunteer feedback	